

# ENVIRONMENT - TOP TIPS FOR UNDER-5's: 10 easy ways to start making a difference

	<p><b>1. TRAVEL</b></p> <p>Walk or ride your bike to school.</p>
	<p><b>2. ENERGY</b></p> <p>If you're cold, put on a jumper. (don't ask to turn the heating up) Switch off the light when you leave the room. Close doors and windows behind you.</p>
	<p><b>3. WATER</b></p> <p>Turn off the tap when you brush your teeth.</p>
	<p><b>4. WASTE</b></p> <p>Recycle paper and cans. Re-Use your plastic drinking bottle again.</p>
	<p><b>5. LITTER</b></p> <p>Don't drop litter - put it in the bin or, if you can, recycle it ☺</p>
	<p><b>6. PAPER</b></p> <p>Use both sides of the paper.</p>
	<p><b>7. FOOD</b></p> <p>Learn how to cook. Try growing your own vegetables and fruit.</p>
	<p><b>8. WILDLIFE</b></p> <p>Help wildlife - Feed the birds in winter. Plant trees and plants in your school garden.</p>
	<p><b>9. LEARNING</b></p> <p>Find out more about your environment and the animals that live there.</p>
	<p><b>10. TAKE ACTION</b></p> <p>Tell your friends and family how they can help too!</p>