

### Physical development

The outdoor area provides lots of opportunities for children to develop their physical skills and to play independently and collaboratively. These children are jumping along the log path together.

#### Outdoor Play at the Comet Nursery – Physical Development

 <p>Yes, I can do it if I try really hard</p>	 <p>And now I'll show my friends what I can do</p>
<p>There are challenging opportunities which enable children to develop and refine their physical skills.</p>	<p>This girl works hard to move along the Overhead ladder and then shows off her new skill to friends.</p>
	 <p>Will I ever get it in ?</p>
<p>A flexible climbing frame which can be used to support imaginative play. Is this a young mountaineer?</p>	<p>Children can practice throwing and catching outside. The basketball stand is very popular and practitioners can help children to count out how many tries they have and then record their score.</p>