

Personal Best

A personal best is an individual record of your fastest time, longest distance, highest height or best mark or score in sports and other school activities.

Known in the sporting world as a 'PB' it is the result of **being the best you can be.**

PB	Target	Future PBs



PJxxxxx

Hackney Personal Bests Record Card

Name
Class
School
Date

What is your personal best?



