




Primary School – Menu 1

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>MEAT</p>	Spaghetti Bolognese	Barbecue turkey with Rice	Roast Chicken & crispy Potatoes	Shepherds pie & gravy	Salmon fishcake & chips
 <p>VEGETARIAN</p>	Vegetable Curry with rice and Naan Bread	Pizza with Jacket Potato <i>OR</i> Filled Baguette with salad	Vegetarian wrap with parsley potatoes <i>OR</i> Filled Jacket Potato with salad	Cheese flan with oven baked wedges <i>OR</i> Filled baguette	Quorn burger in bun with relish & chips <i>OR</i> Filled Jacket Potato with salad
 <p>DESSERTS</p>	Chocolate mandarin sponge & custard <i>OR</i> Fresh Fruit Bites	Banana Split <i>OR</i> Fresh Fruit Platter	Fruit pie & custard <i>OR</i> Fresh fruit pots with yogurt	Fruit in Jelly <i>OR</i> Fresh fruit cups	Apple flapjack & custard <i>OR</i> Fresh fruit bites

There will also be salad and a selection of vegetables to choose from each day

Primary School – Menu 2

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>MEAT</p>	Sweet n' sour chicken and rice	Mexican Chilli with pitta bread	Roast Lamb, mint sauce & gravy with parsley potatoes	Sausage and mash with onion gravy	Fish and chips
 <p>VEGETARIAN</p>	Neapolitan pasta <i>OR</i> Savoury baguette	Vegetable samosa with jacket potato <i>OR</i> Tuna filled jacket potato	Macaroni Cheese <i>OR</i> Ratatouille & mixed bean wrap	Vegetable frittata & oven baked wedges <i>OR</i> Savoury baguette	Cheese and Tomato pizza & chips <i>OR</i> Jacket potato with cheesy coleslaw
 <p>DESSERTS</p>	Orange Cookie <i>OR</i> Fresh Fruit bites	Yoghurt with fruit dippers <i>OR</i> Fresh Fruit cups	Pineapple upside down sponge with custard <i>OR</i> Fresh Fruit salad	Crunchy toffee apple crumble with vanilla sauce <i>OR</i> Fresh fruit bowl	Chocolate fruit crispie <i>OR</i> Fresh Fruit platter




There will also be salad and a selection of vegetables to choose from each day

Primary School – Menu 3

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>MEAT</p>	<p>Chicken curry & rice with Naan bread</p>	<p>Lamb koftas with tomato sauce & lemon cous cous</p>	<p>Roast turkey with gravy & roast potatoes</p>	<p>Lamb cobbler and gravy with mashed potatoes</p>	<p>Fish portion served with chips</p>
 <p>VEGETARIAN</p>	<p>Quorn Bolognese With pasta twists <i>OR</i> Filled baguette</p>	<p>Spanish omelette with jacket potato <i>OR</i> Filled jacket potato</p>	<p>Vegebangers with roast potatoes <i>OR</i> Wrap selection</p>	<p>Cheese and broccoli quiche with mashed potato <i>OR</i> Baguette selection</p>	<p>Pizza vegetable supreme wedges with chips <i>OR</i> Filled Jacket potato</p>
 <p>DESSERTS</p>	<p>Cornflake tart with custard <i>OR</i> Fresh fruit bowl</p>	<p>Ice Cream and fruit <i>OR</i> Seasonal fruit platter</p>	<p>Apple pie with custard <i>OR</i> Fresh fruit bites</p>	<p>Milk pudding and fruit <i>OR</i> Fresh fruit cups</p>	<p>Chocolate and orange pinwheel with fruit slices <i>OR</i> Fresh fruit salad</p>

There will also be salad and a selection of vegetables to choose from each day

Primary School – Menu 4

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>MEAT</p>	Lasagne with breadsticks	American burger in a bun with relish	Roast Chicken with gravy and roast potatoes	Potato topped lamb and mushroom pie	Fish and Chips
 <p>VEGETARIAN</p>	Italian Cheese and tomato risotto <i>OR</i> Filled jacket potato	Oriental Quorn & vegetable stir fry with noodles <i>OR</i> Quorn & Vegetable wrap	Vegetable pie with roast potatoes <i>OR</i> Filled jacket potato	Vegetable pasta bake and crusty bread slice <i>OR</i> Ploughman's Lunch	Veggie sausage with chips <i>OR</i> Beany jacket potato
 <p>DESSERTS</p>	Fruit Sponge with vanilla sauce <i>OR</i> Fresh fruit platter	Fruity jelly delight <i>OR</i> Fruit bowl	Crunchy peach crumble with custard <i>OR</i> Fresh fruit cup	Bread n' Butter Pudding <i>OR</i> Fresh fruit salad	Hot chocolate fudge cake <i>OR</i> Fresh fruit bites

There will also be salad and a selection of vegetables to choose from each day