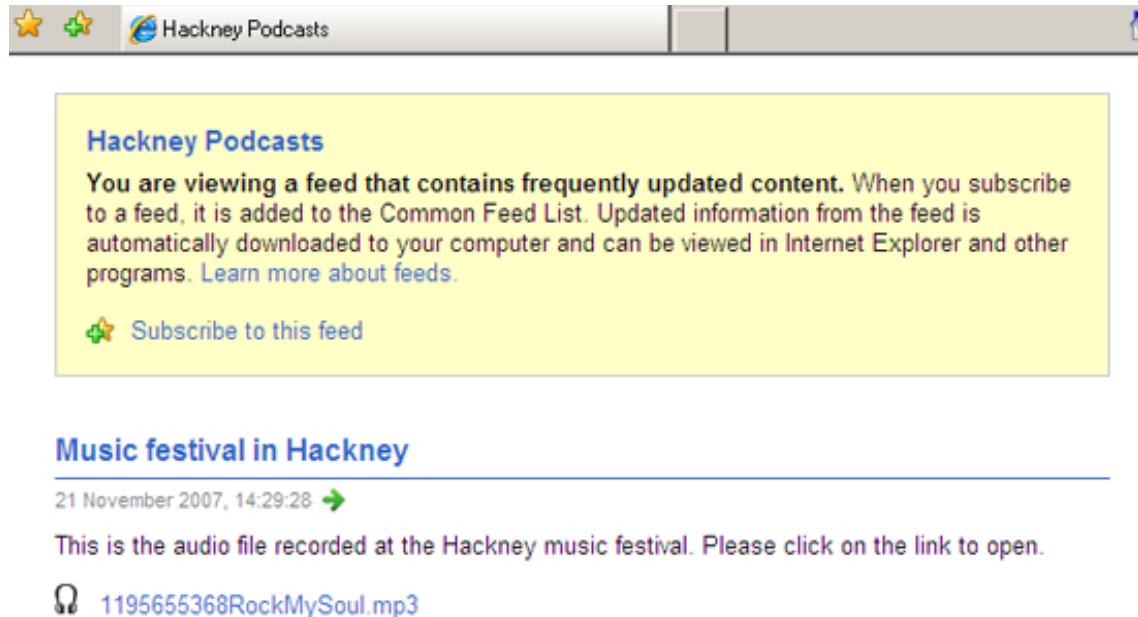


Subscribing to a podcast using Internet Explorer version 7 (or later)

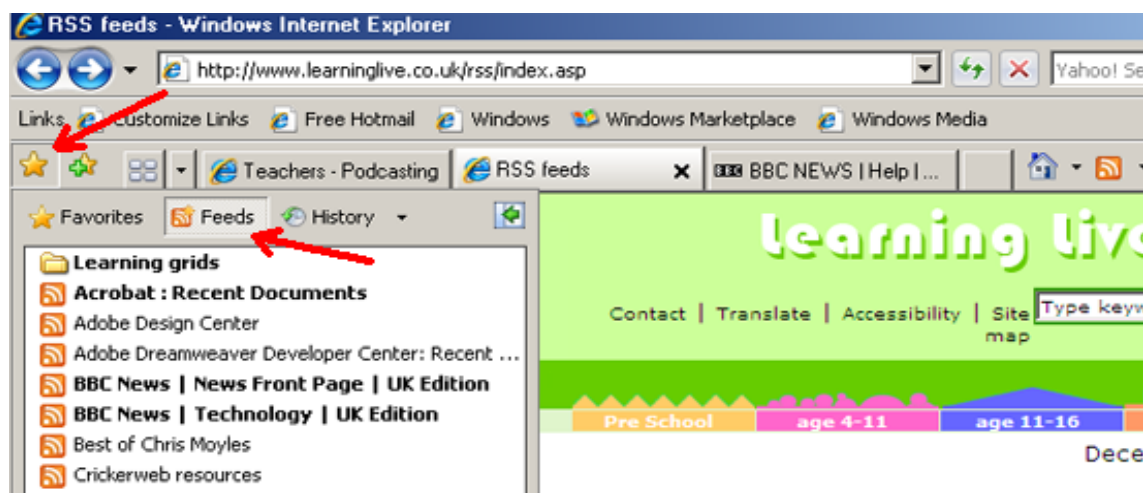
If you are running Microsoft Internet Explorer version 7 (or later) then navigate to the page of interest check if it has a podcast feed and click on the icon or link.

The Internet Explorer version 7 will recognise, interpret and present the contents of the channel for you. A yellow information box will appear at the top of the screen to explain how you can subscribe to the podcasts.



Once subscribed, the RSS feeds can be then accessible by clicking on a small orange RSS icon in your Browser. (Next to the "house" Home page icon.)

Alternatively, you can see the list of all RSS feeds that you have subscribe, by clicking on the "yellow star" icon and then "feeds" button in your browser.



If you do not have the Internet Explorer version 7 (or aggregator software installed), by clicking on the channel's title you are presented with a page of code beginning <?xml or a very basic channel and episode listing. Then you will need to subscribe to the channel manually by copying the URL of RSS feed and pasting into the software (podcast aggregator).