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# Foreword



Personal, Social and Health Education (PSHE) and Citizenship help to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens. The important role schools have to play was recognised through the introduction of a new framework for PSHE and Citizenship in National Curriculum 2000.

The National Curriculum 2000 for the first time set out the aims of the curriculum:

*"Aim 1: The school curriculum should aim to provide opportunities for all pupils to learn and to achieve;*

*Aim 2: The school curriculum should aim to promote pupils' spiritual, moral, social, and cultural development and prepare all pupils for the opportunities, responsibilities and experiences of life."*

The interdependence of these two aims is clear. The personal development of pupils, spiritually, morally, socially and culturally, plays a significant part in their ability to learn and to achieve. Development in both areas is essential to raising standards of attainment in all pupils. Therefore the inclusion of PSHE in the taught and hidden curriculum is fundamental to meeting these aims in addition to promoting social cohesion and safer communities.

At a local level, auditing of schools as part of the Hackney Healthy Schools programme has drawn attention to the need for more consistency in the delivery of PSHE and Citizenship in schools and for support to raise the quality of provision in this area. This revised PSHE and Citizenship guidance, updating the documents issued in 2001, provides a package of support to Hackney schools, providing holistic guidance on enabling pupils to become healthier citizens, with raised achievement through enhanced learning.

The Learning Trust's guidelines on PSHE and Citizenship contribute to the achievement of key targets in the following plans:

- City and Hackney Cardio Vascular Health Plan (Smoking, Healthy Eating and Physical Activity)
- City and Hackney Children's Health Improvement Programme
- Hackney's Community Safety Strategy
- Hackney Drug Action Team, Young People's Treatment Plan
- The Learning Trust's Behaviour Support Plan
- The Education Development Plan
- Teenage Pregnancy Strategy for Hackney

This guidance, as before, will be invaluable to a wide range of staff in schools and to those partner agencies supporting schools.

I am delighted to be able to support the revision of such an important piece of work and am grateful to all those who have contributed to the revised document. I recommend the use and adaptation of this guidance in all schools in the Borough.

Alan Wood  
Director of Education

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